



CREATING THE RIGHT ENVIRONMENT

Partnership

•School

Student

Home







BALANCE



THE SEVEN DEADLY SINS OF SUBJECT CHOICE

"You have to be really smart to do that subject"

"None of my friends are doing that subject so I'll be on my own"

"I'll just do that subject because every says it's really easy so I'll get really high points"

"Even though I don't like that subject at all, I'll do it just in case I need it later on"

"I didn't like it for JC but it will be fine for LC"

"I'm going to do that subject even though I really have no idea what it's about"

> " My sister did it and hated it, so I'll hate it too!"

Myths about Subject Choice...

You must have a foreign language to get into college!

Social and Scientific and Agricultural Science are always considered as Science Entry Requirements!

If you don't get the Points, there is no other way into your chosen area! The same course in different colleges, asks for the same entry requirements!

Some LC subjects are easier than others!

Any combination of LC subjects is accepted to meet entry requirements! Entry Requirements always stay the same!

I didn't do it for JC, so I can't do it for LC! You have to take a Science Subject!

> Fail Irish, English or Maths and you'll fail your LC!

NEW POINTS SCALE FOR LEAVING CERT

Existing (14-point) Scale	% Awarded	New Scale	% Awarded
A1	90-100	H1/01	90-100
A2	85<90	H2/O2	80<90
B1	80<85		
B2	75<80	H3/O3	70<80
B3	70<75		
C1	65<70	H4/04	60<70
C2	60<65		
C3	55<65	H5/O5	50<60
D1	50<55		
D2	45<50	H6/O6	40<50
D3	40<45		
E	25<40	H7 / O7	30<40
F	10<25	H8/O8	0<30

NEW POINTS SCALE FOR LEAVING CERT

New Grades	% Marks		
H1 / O1	90-100		
H2/O2	80<90		
H3 / O3	70<80		
H4 / O4	60<70		
H5 / O5	50<60		
H6 / O6	40<50		
H7 / O7	30<40		
H8 / O8	0<30		

STUDENTS WHO DO WELL IN THE LEAVING CERTIFICATE

- Put the effort in over the two years, 5th and 6th.
- Get into a routine of study early on.
- Develop a habit of study.
- Are motivated.
- Are organised.
- Live a balanced lifestyle.

- Have discovered a method of study that suits them.
- Are aware of their abilities and limitations and set realistic goals for

themselves.





STUDENTS WHO DO WELL IN THE LEAVING CERTIFICATE

- Take class tests and school exams seriously.
- Listen to and engage with their Class Teachers and other School Staff.
- Have conditions at home conducive to study
- Have supportive, interested parents who encourage, motivate and get the pressure balance right.





LIVING A BALANCED LIFESTYLE ORGANISED ROUTINE: ALLOW TIME FOR EVERYTHING.

Sleep: 7/8 hours per night **Healthy and balanced** Diet: **Exercise**: Sports/ walking/ swimming Part-time work: Keep to a minimum: e.g. Saturdays (few hours). Not during the week or Sunday nights or none at all. Social life: Not during the week or Sunday nights. Rest Work

Play

LIVING A BALANCED LIFESTYLE

Each Student is unique and needs to develop a balance that works for them regarding school life, study and their life world





ROLE OF PARENTS

- Motivate- Encourage, Recognize Progress, Reward.
- Monitor- Take interest, Check, Talk to other parents, P.T. Meetings, Take exam results seriously.
- Try to be aware: Of what's going on in school re: tests, work etc.





SIGNS OF STRESS

Try to be aware of SIGNS OF STRESS





- -Tiredness
- -Irritability
- -Too much or too little
- sleep
- -Negative talk
- -Lowering of ambition
- -Change in Appetite
- -Lack of concentration

SIGNS TO WATCH FOR....

Avoidance Excuses for not studying



-"I have no work to do" -Regular patterns of sickness and absence from school



